

89th ANNUAL PSAHPERD CONVENTION

GET OUTDOORS PA! BE ACTIVE, BE GREEN!

Daily Sessions

Tentative Schedule only. Full and Half-Day workshops listed separately. Times and topics are subject to change.

Friday, November 12

SRU Wake-up Workout
Adapted Activities
Let's Go Green
Discover the Outdoor Adventure
Be a Hottie: Love Your Body!
Hip Hop Workshop

Core Rhythms
Environmental Dance
Let Us Educate You!
Think Green- Move Green
Adventures in Physical Activity
Pickle...What??

The "Big Picture" and "Little Steps"
Ballroom Basics
Resume and Cover Letters
Becoming a NASPE Stars School
The Interview Process
Basics of Fly Casting

Advocacy for American Heart Association
Fun Filled Activities for the Health Classroom
Assessing Student Learning Throughout a PE Unit
National Archery in the Schools Program (NASP)
Health Equity: Lead, Follow, or Get Out of the Way!

Go Teach: A Snowshoeing Introduction
Updates from PA Department of Education
The West Point Aquatic Instructional Model
Disability Sport -Join the Action Activities for All
The Mental Game: Sports Psychology for Beginners

Overview of the Slippery Rock University Aquatic Minor
Outside -In: Teaching Fishing and Boating Skills Indoors
Creative Movement in the Classroom: Integrating Abilities
Enhancing Performance in PE Class: Applying Motor Learning
Reading, Running and Rithmetic: Reinforcing Academic Skills
Applying the Science to the Studio - Dance Standards and Pedagogy
Teaching Internet Safety—From Cyber bullying to Sexual Predators
College Student Knowledge and Attitudes toward Emergency Contraception
The Passion to Achieve: A Graduate Level Action Research Practicum Project
Quick, Easy and Tried Methods to Promote your PE Program Using Technology
Using Power Point Motion Paths to Illustrate Game and Instructional Formations
Youth and Scholastic Coaches as Role Models Assisting In Creating Healthy Fit Adolescents
Promoting Program Respect and Excitement among Elementary Teachers and Staff Members
Retirement: Not from PSAHPERD, Ways to be Involved And Stay Involved with Your Profession
Perspective of Pennsylvania Legislators Perception and Support of Physical Education in Public Schools
What every PE Educator should know about Adapted PE and Physical Activity: PA Consortium for Adapted PE in PA
The Impact of Increasing Structured Physical Activity on the Academic Performance of Mildly Intellectually Disabled Elementary Students

Saturday, November 13

Yoga/Pilates
PEP Grant: Where Do I Start?
The Newest Form of PE today!
Nutrition, Motor Behavior and Autism
Making Health Easy for Youth and Families
Selective/Elective Physical Education-- Why Not?
No Gym, No Equipment, No Time....No Problem

Core Rhythms
Paddle and Racquet Sports
Motivating Your Students
Eating Disorders
What's Going on with AAHE?
Applying the Science to the Studio
Creating Interview CD's

History of Hip-Hop
Afro American Technique Class
Health on the Move
Navigation Games
Hip Hop 101
Center for Healthy Schools!
Explore Dance and Technology

Teaching Strategies for Media Literacy
TRX Systems for Core Stability and Enhanced Strength
Boating and Water Safety Awareness- Intro to Paddling
Developing a Practice Plan for Youth Football
How to Organize a Student Run Convention
Move and Motivate with Confidence

HERitage Awards Reception
Helping Your Students Become Smarter Consumers
Bringing Student Fitness Scores to Life
Instant Activities for your APE Classes
Instant Activities and Ice Breakers
Organizing and Administering the Fitnessgram®

Theatre Dance from Cal U/Attack Theater, Pittsburgh
A Healthy Back for You and Your Students; Now and for a Lifetime
playBuilding: Strategies and Techniques to Enhance Creative Play
Teaching in the Stretch Zone: Making Physical Education Relevant for All
Make Wellness Part of Your School's Game Plan with Fuel Up to Play 60!
Teaching Concepts Using the NEW Physical Best Activity Guide: Elementary 3rd Edition
We Did It, So Can You: A Higher Education Experience for Secondary Education Students
Early Motor Development: How Movement Lays the Foundation for Early Childhood Learning
Innovative Ideas and Instructional Strategies to Support Children with Autism in Physical Education